III Exploring the Dream World

* Lucid Dreams- Define
* Who experiences REM?
* Are our eye movements related to dreams?

1. Dreams as Unconscious Wishes

* Who thought of it?
* What did Freud call dreams?
* What can we express in dreams?
* What dreams are meaningful?
* Manifest Content- Define
* Latent Content- Define
* How should you analyze the content?

1. Dreams as Reflection of Current Concerns

* Who came up with it?
* Dreams reflect what?
* AKA
* What did Gale Delaney tell? Explain Dream
  + Meaning of dream?
* College student’s dreams?
* Instructors?
* Men v. Women-Traditionally?
  + Recently?
* Rosalind Cartwright belief?
  + Her quote?

1. Dreams as a By-Product of Mental Housekeeping

* Who came up with it?
* Explained dreams in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Dreams are a:
* Why does the brain shut out sensory input?
* What are we recalling in dreams?
* What did Crick and Mitchison believe?
  + Reverse Learning- Explain
  + Should we analyze dreams? Why or why not?
* What have other researchers said?
* Consolidation- Define
* What are dreams doing in this theory?

1. Dreams as Interpreted Brain Activity

* Who came up with it?
* Another name for theory?
* What are dreams the result of?
* What is “activated?”
* What does the “synthesizing?”
* Give an example dream?

1. Evaluating Dream Theories

* Freud’s Theory- Accept?
  + Reject?
* Solving Problems- Accept?
  + Reject?
* Mental Housekeeping- Accept?
  + Reject?
* Activation-Synthesis- Accept?
  + Reject?